

PSY 335: Group Project on One IPPA Division

**Due: Tuesday Nov 17 or Thursday Nov 19 or Tuesday Nov 24 (depending on Division topic)
(worth 13% of your course grade)**

Purpose of the assignment:

1. to build your knowledge about these aspects of Positive Psychology as represented by these Divisions;
2. to build & practice your team-working and group resource management skills

Overview of the assignment:

Similar to other large psychology associations, the International Positive Psychology Association (IPPA) has six main divisions. As noted on the IPPA website (<https://ippanetwork.org/ippa-divisions/>), divisions are "*similar to special interest groups that bridge research and practice and provide a platform for members to connect with colleagues, learn about the research and applications in their area of focus, and collaborate on mission-driven projects.*" The main divisions are as follow:

- [Work and Organizations](#)
- [Positive Health & Wellbeing](#)
- [Positive Clinical Psychology](#)
- [Positive Education](#)
- [Spirituality & Meaning](#)
- [Positive Arts & Culture](#)

Further information about each Division can be found via their respective links above. (Note: for purposes of this assignment, for the Spirituality and Meaning Division, focus *only* on spirituality because we have already covered meaning in life in the course.)

You will sign up for whichever Division most interests you. There will be 5 or 6 spots for each "Division Group"(depending on course enrollment). Each Division Group will present in class (35 minutes, details below) and hand in a written 'report' (see details below).

It is up to each group to decide how to divvy up the different aspects involved among group members. It is recommended that you consider each group member's top character strengths (yes! from the beginning of the course!) and skills when deciding who will do what. On the written report, the group will indicate, and each member will sign off on, which members made significant contributions to which sections.

Grading for this assignment:

Your mark for this will consist of a grade for your individual contribution (worth 50%) and the overall group mark (worth 50%). i.e., $(\text{Group Mark} * 0.5) + (\text{Individual Mark} * 0.5) = \text{your Individual grade}$.

To Keep In Mind:

Remember, from the beginning of the course, Chris Peterson's slogan for PP: *Other People Matter*. The more each individual contributes to the work, the better the group mark and the better your individual grade. As noted on the next page, different aspects of the work are worth different amounts to the overall group mark—so keep that in mind when deciding on work load. Also keep in mind as you decide, as a group, what a "significant contribution" means. That is not always just the number of hours or surface level effort someone puts in. And lastly, keep in mind life circumstances; this is *not* to excuse someone from not pulling their weight! This is, however, an ask for you to be kind to your group mates. If someone is going through an emergency or difficult time, as a group you may want to take that into consideration when deciding how to divvy up work and what constitutes a significant contribution. For example, as a group you can decide to indicate that every one contributed significantly to all sections.

See next pages for full grading rubric, a link to a working spreadsheet you can use to estimate each group member's grade based on various distributions of work, and a link to download the cover sheet.

Presentation Criteria and Details:

- present in class, for a total of 35 minutes – roughly broken down as follows:

Aspect	Rough Length of Time
an overview of the division	~ 12 minutes
research in this area: • interventions • foundational work in the area • some noteworthy or cool studies • meta-analysis (if available)	~ 13 minutes
Optional (and only if relevant and appropriate): • You can include a maximum 3 minute video in the above 25 presentation portion.	
interactive component with the class • e.g., pair+share discussion questions • e.g., activity	~ 9 minutes
this can be interwoven throughout the presentation or can be all at once	
proper conclusion	~ 1 minute

Note: You must upload on Moodle a **pdf** of your presentation slides by 9:00pm the night before your presentation. **No exceptions.** Only **pdf** format of slides is allowed.

Written Report Criteria and Details:

You must upload on Moodle a **pdf** copy of your written report on Moodle before class starts **and also** hand in your written report on paper in class at the beginning of class.

Your written report is composed of the following elements:

- a cover page - see next pages for cover sheet template to download
 - you must print this cover sheet out, complete, each member must sign, then attach as the cover page (combine it with your written report so the report is one pdf)
- a brief write up of the information you presented on (including the interactive component)
 - this could even just be your speaking notes
 - bullet points is fine – or however you want to provide this information
- 6 exam questions with answer key about the division and related research work from your presentation:
 - 2 multiple choice questions;
 - 4 short answer questions.
 - pattern your questions after the MC and SA questions from Exam 1 and 2
- at least one suggestion of a video or a podcast relevant to this division
 - provide the title, who it features or who produces it, and the URL link
- an APA 7th formatted reference list of the research you mentioned in your presentation

See following pages for:

- *Grading Rubric;*
- *calculation spreadsheet to download to estimate your group & individual grade;*
- *cover page template to download + print + complete + sign + attach to written report.*

Grading Rubric for Group Project: In-class presentation & written report: Group Mark

ITEM	points deducted
3% deducted if total presentation time including interactive component is less than 30 min.	
0.25% deducted for each formatting error as per criteria for cover sheet and paper	
1% deducted for each exam question short of the required 6 questions with answer key	
0.25% deducted for each APA formatting error (on Report reference list) up to a maximum of 5% (3 'free' errors permitted; repeated penalty will not be given for the same error if made <i>consistently</i> throughout the reference list)	
Total Marks DEDUCTED:	

ITEM	WORTH	letter grade*	points earned
In Class Presentation (worth total 90%)			
delivery, engagement, clarity, flow, quality of slides	45%		
Content: thoroughness, accuracy, relevance			
overview of division	20%		
research in this area	20%		
conclusion	1%		
Interactive component: depth, relevance, engagement	4%		
Written Report (worth total 10%)			
speaking notes / brief write up	.5%		
exam questions & answer key: (depth, relevance, clarity)			
2 Multiple Choice	2%		
4 Short Answer	4%		
video or podcast suggestion: (relevance, quality)	3%		
reference list	.5%		
points EARNED			
% score:			
% deduction for errors (from above):			
% GROUP PAPER GRADE:			
GROUP LETTER GRADE:			

SAMPLE Rubric for Group Project: In-class presentation & written report: Individual Mark

Download a working copy of this spreadsheet to estimate your grade and as a aid to your group decision on how to divvy up work and decide on significant contributions of each member.

This is a sample. [Download working copy of sheet here.](#)

Enter ONLY in the cells highlighted in yellow!!						
This sheet has formulas and will calculate the Group Mark and your Individual Mark automatically! BUT you must not enter or delete anything in cells other than the ones highlighted in yellow.						
		GROUP			INDIVIDUAL	
Presentation: (Total 90%)	% worth	enter mark column	points earned	sig. contr. yes = 1	mark	points earned
delivery engagement, clarity, slides	45.00%	95	42.750	1	95	42.750
content (thoroughness, accuracy, appropriateness):						
overview of division (~ about 12 min.)	20.00%	95	19.000		0	0.000
research in this area (~ about 13 min.)	20.00%	82	16.400		0	0.000
conclusion (~about 1 min.)	1.00%	95	0.950		0	0.000
interactive component (~ about 9 min.)	4.00%	64	2.560		0	0.000
depth, relevance, engagement						
subtotal	90.00%					
Written Report: (Total 10%)						
speaking notes / write up	0.50%	95	0.475	1	95	0.475
exam questions and answer key:						
depth, appropriateness, clarity						
2 MC	2.00%	95	1.900	1	95	1.900
4 SA	4.00%	76	3.040	1	76	3.040
video or podcast suggestion:						
relevance, quality	3.00%	95	2.850		0	0.000
Reference List	0.50%	95	0.475		0	0.000
subtotal	10.00%		90.400			48.17
Total (100%)	100.00%	GROUP MARK 90.40%			INDIVIDUAL MARK 69.28%	

Use this spreadsheet to estimate your Group Mark and your Individual Mark.

ONLY enter values into the cells highlighted in yellow.

The marks entered here are as an example. Enter whatever mark you estimate your Group will earn for each aspect of the project.

Then enter a "1" in whichever aspect you, as an individual, think you will make a significant contribution to (based on the definition of 'significant contribution' that your group decides on. Place a "1" in that cell. **The "1"s entered now are as an example.**

The Group Mark and the Individual Mark cells will calculate automatically IF you don't enter or delete anything in any cell other than the cells highlighted in yellow.

PSY 335: Group Project Written Report COVER SHEET

This is a sample. [Download HERE to print and complete.](#)

IPPA Division Your Group Presented On (check one):

- ☐ Work and Organization
- ☐ Positive Health and Wellbeing
- ☐ Positive Clinical Psychology
- ☐ Positive Education
- ☐ Spirituality & Meaning Division (*but focus only on Spirituality*)
- ☐ Positive Arts & Culture

ITEM	member initials	member initials	member initials	member initials	member initials	member initials
In Class Presentation	<i>do not write in this space - initial in cells below</i>					
presenting, slides						
overview of division						
research in this area						
conclusion						
interactive component						
Written Report	<i>do not write in this space - initial in cells below</i>					
speaking notes / brief write up						
2 MC exam Qs with answer key						
4 SA exam Qs with answer key						
video or podcast suggestion						
reference list						

Member names (First Last) and signature:

Member Name	Signature
Member Name	Signature
Member Name	Signature
Member Name	Signature
Member Name	Signature
Member Name	Signature